

## Directions for Signing Up for Patient Portal:

1. You will receive an email from **IQhealth.com** with a subject of:

**" Biltmore Family Medicine invites you to join IQHEALTH."**

You should receive this the same day of your office visit. If you don't see it in your inbox, check your spam folder.

2. Click the link the email and follow the steps on the website. It will ask you for a Secret question.  
This is the last 4 of your SSN that you provided to us in the office.
3. The website will walk you through setting up a username and password.
4. After signing up online, you can then access your health information and send messages to our staff through **www.iqhealth.com**